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Department of Physical Therapy

## Weight-bearing Status: What It Means

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“Weight-bearing status” refers to how much weight you can safely put on your affected leg when you stand or walk. Your surgeon decides this status. It is important to follow your status guidelines AT ALL TIMES during recovery so that your leg can heal properly.

Your weight-bearing status:

\_\_\_\_\_ **Full weight bearing (FWB)**

When you stand or walk, you can put your full body weight on your affected leg.

\_\_\_\_\_ **Weight bearing as tolerated (WBAT)**

When you stand or walk, put as much weight on your affected leg as you feel comfortable. Let pain be your guide.

\_\_\_\_\_ **Partial weight bearing (PWB)**

When you stand or walk, you may put \_\_\_\_ percent of your weight ( \_\_\_\_ pounds) on your affected leg.

\_\_\_\_\_ **Touchdown weight bearing (TDWB)**

When you stand or walk, your foot or toes may touch the floor—but just for balance. Do not put weight on your affected leg. Imagine having an egg under your foot that you must not crush.

\_\_\_\_\_ **No weight bearing (NWB)**

When you stand or walk, do not let your affected leg touch the floor. Do not put any weight on your affected leg.

If you have any questions about this information, please call **(864) 797-1201**.