



## Pediatric Urology

### Care after Cystoscopy and Deflux Injection

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Deflux is a gel substance that is injected into the lining of the bladder where the ureters (tubes) enter into the bladder, this prevents back flow of urine into the kidney (reflux).

Activity- There is no restriction on your child's activity after Deflux surgery. Your child may resume all normal activities, which also includes bathing in the tub or showering.

Diet- Clear liquids will be given after cystoscopy; the diet will be increased as tolerated. When at home, fluids are important. As your child starts to feel like eating, you can slowly add more to the diet.

#### After the Surgery

- Your child may experience some mild burning when urinating and you may see small amounts of blood in the urine, this is normal. This may last for several days.
- If the bleeding or pain become severe or last more than a few days, or your child has a fever over 101.5 please notify your surgeon
- To relieve discomfort encourage your child to drink plenty of fluids and a warm tub bath is helpful. You may also give non-aspirin pain reliever, if needed.