



Pediatric Urology

Care after Cystoscopy and Deflux Injection

Deflux is a gel substance that is injected into the lining of the bladder where the ureters (tubes) enter into the bladder, this prevents back flow of urine into the kidney (reflux).

Activity- There is no restriction on your child's activity after Deflux surgery. Your child may resume all normal activities, which also includes bathing in the tub or showering.

Diet- Clear liquids will be given after cystoscopy; the diet will be increased as tolerated. When at home, fluids are important. As your child starts to feel like eating, you can slowly add more to the diet.

After the Surgery

- Your child may experience some mild burning when urinating and you may see small amounts of blood in the urine, this is normal. This may last for several days.
- If the bleeding or pain become severe or last more than a few days, or your child has a fever over 101.5 please notify your surgeon
- To relieve discomfort encourage your child to drink plenty of fluids and a warm tub bath is helpful. You may also give non-aspirin pain reliever, if needed.