



Pediatric Urology

Care After a Meatotomy/Meatoplasty

The urethral meatus is the opening at the tip of the penis. When the opening is too small and the passage of urine is difficult, a procedure can be performed to enlarge the opening. This procedure is called a meatotomy (or meatoplasty).

Home Care

- Your child may resume all normal activities after the procedure
- If instructed by your doctor, you will need to spread the meatal opening 3 times a day and at bath time to prevent the edges of the new opening from closing back together
- Be sure to keep the opening clean by having your child soak in the tub 5-10 minutes daily for a few days
- A&D ointment can be used on his diaper or on his underpants to keep the opening from sticking to clothing and also to keep the edges from closing back together

Additional Information

- It is not unusual to have a small amount of bleeding from the opening or blood in the urine: These occurrences may last several days
- Most children do not experience much pain after this procedure; however, some burning or discomfort during urination is normal