



## Pediatric Urology

### Care after a Meatotomy/Meatoplasty

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The urethral meatus is the opening at the tip of the penis. When the opening is too small and the passage of urine is difficult, a procedure can be performed to enlarge the opening. This procedure is called a meatotomy (or meatoplasty).

#### Home Care

- Your child may resume all normal activities after the procedure.
- If instructed by your doctor, you will need to spread the meatal opening 3 times a day and at bath time to prevent the edges of the new opening from closing back together.
- Be sure to keep the opening clean by having your child soak in the tub 5-10 minutes daily for a few days.
- Vaseline or A&D ointment can be used on his diaper or on his underpants to keep the opening from sticking to clothing and also keep the edges from closing back together.

#### Additional Information

- It is not unusual to have a small amount of bleeding from the opening or blood in the urine: These occurrences may last several days.
- Most children do not experience much pain after this procedure; however, some burning or discomfort during urination is normal.