

THE BRISTOL STOOL FORM SCALE (for children)
choose your

POO!

type **1**



looks like:

rabbit droppings

Separate hard lumps, like nuts (hard to pass)

type **2**



looks like:

bunch of grapes

Sausage-shaped but lumpy

type **3**



looks like:

corn on cob

Like a sausage but with cracks on its surface

type **4**



looks like:

sausage

Like a sausage or snake, smooth and soft

type **5**



looks like:

chicken nuggets

Soft blobs with clear-cut edges (passed easily)

type **6**



looks like:

porridge

Fluffy pieces with ragged edges, a mushy stool

type **7**



looks like:

gravy

Watery, no solid pieces ENTIRELY LIQUID

Children's version of the Bristol Stool Chart