



Oconee Memorial Hospital

Lipid Profile Test

Your doctor has sent you for a test called a lipid profile. The test is used to check heart disease risk.

What does the test do?

The lipid profile is a group of tests that checks levels of:

- Triglycerides
- Cholesterol
- HDL cholesterol ("good" cholesterol)
- LDL cholesterol ("bad" cholesterol)

The lipid profile also will include an HDL/cholesterol ratio or a risk score based on test results, age, sex and other risk factors.

How are specimens collected?

A small sample of your blood will be taken.

What should I do before the test?

To make sure your test results are correct, do not eat anything 10-12 hours before the test. You may drink water, but no other liquids. If you have any questions about this test, please ask a laboratory staff member.

What do my test results mean?

This test helps your doctor decide if you are at risk for developing heart disease. Your doctor considers the results of the lipid profile, along with other known risk factors for heart disease, to develop a plan of treatment and follow-up care.

Test results may be outside of normal ranges for many reasons. Please discuss all lab results with your doctor.

Thank you for choosing Oconee Memorial Hospital for your lab procedure. We strive to provide excellent care and quality. If you have any questions or comments about our lab, please call our lab team at (864) 885-7120.