

When quitting is a good thing...

"I liked this class because of the willingness to support during tough times. The materials given were very helpful."

- OMC participant feedback



Dates:

Aug 19th, 26th & Sept 2nd

Time:

5:30-6:30PM

Cost: FREE!

Call the Wellness Center at (864) 885-7684 for additional information and to register.

The American Cancer Society's *Freshstart*[®] **Tobacco Cessation Program**

Location:

Oconee Medical Center,
Wellness Center

Enter hospital new tower lobby. Take the first right after entering lobby, through the glass doors. Wellness Center is right across from the gift shop.



298 Memorial Drive
Seneca, SC 29672
Ph: 864.885.7654
www.oconeemed.org

The American Cancer Society's *Freshstart*[®] tobacco cessation program offers education, resources, and support to assist you as you work towards quitting tobacco use and improving your health!

The course is a 3-part series.

(You must attend all three classes to receive a certificate of completion.)

*** Registration required.***

There must be 10 participants registered to hold a class.