

Caregiving ABC's

For Caregivers and Family members of those affected by Alzheimer's disease or other dementias

This series provides helpful information to those caring for loved ones affected by memory health conditions. Each session builds on previous sessions to increase caregivers' knowledge of maintaining their loved one's independence.

These classes are taught by the Professional Team Members of the Memory Health Program, and other community professionals, including Nurse Practitioners & Licensed Medical Social Worker.

Class Dates and Topics

April-May 2019

Monday April 1	Session 1: Alzheimer's, Aging, and Assessment
Monday April 8	Session 2: Behaviors, Beliefs, and the Baggage We Bring
Monday April 15	Session 3: Communication, Caring, and Coping
Tuesday April 23	Session 4: Driving, Dangers, and Drugs
Monday April 29	Session 5: Elder Law Attorney, Neil Rabon
Monday May 6	Session 6: Expectations, Emergencies, and Enjoyment

Class Time: 6:00 pm — 8:00 pm

Location

Patewood Campus

255 Enterprise Blvd.

Classroom A/B (Enter at the white awning)

Greenville, SC 29615

Registration— not needed

Room is large and cool— please bring a sweater.

You may be eligible for an in-home caregiver, at no cost to you, to stay with your loved one while you attend. Learn how to access this service by calling the Alzheimer's Association at 1-800-272-3900 no less than 2 weeks in advance of the date that a caregiver is needed!

For more information about the Memory Health Program, call The Center for Success in Aging at (864) 454-8120 or email at memoryhealth@ghs.org