



Cardiovascular Diagnostics

## Preparing for Your Abdominal/Renal Ultrasound

Your abdominal/renal ultrasound has been scheduled for:

**Date:** \_\_\_\_\_

**Time:** \_\_\_\_\_

**Location:** \_\_\_\_\_

### Special Diet for Renal Artery Examination

#### *Day Before Your Examination*

- Take an anti-gas tablet (such as Gax-X or Tums) with each meal.
- Eat "light lunch" meals such as soups, sandwiches or pastas.
- Drink at least four 12-ounce glasses of water during the afternoon.
- Consume only liquids for the dinner meal. Do NOT drink carbonated beverages.

#### *Morning of Your Examination*

- Drink water or clear juice. Do NOT drink carbonated beverages.
- Take an anti-gas tablet (such as Gas-X or Tums).
- Do NOT eat any solid food until after your exam.

Notes: Exams are scheduled early in the day to minimize bowel gas. Patients who are not properly prepared may need to be rescheduled for another day.

If you have further questions, please call (864) 455-6917.

*Thank you for choosing Greenville Health System for your diagnostic procedure.*