



GREENVILLE  
HEALTH SYSTEM  
Carolina Aesthetics

## Post Waxing Guidelines

Following a professional waxing treatment, the skin will stay silky smooth for longer than any other method of temporary hair removal. To ensure maximum comfort and benefit after the treatment, it is important to follow the steps indicated below at home.

Avoid sun exposure for 12 to 24 hours. This includes any strong UV light exposure or sun bed treatments.

Avoid applying heat to the waxed area for 12-24 hours. This includes hot baths, saunas, and steam baths.

Avoid applying fragranced products to the treated areas. This includes perfumes, antiperspirants, deodorants, body lotions, feminine hygiene sprays, and cosmetics. Use only those products recommended by the technician who provided your service.

Avoid using harsh abrasive scrubs or exfoliators on the treated area. If you are prone to in-grown hairs, mild scrubs, gentle alpha hydroxy acids or loofahs may be used once new hair begins to grow.

Avoid applying high SPF sun blocks to the treated area for 12 to 24 hours. Chemical sunscreen ingredients can be very irritating to the newly waxed skin. You may use a physical block containing Zinc Oxide. This includes sunless tanners and tanning accelerators.

Any redness or puffiness should disappear within 6-8 hours. It is normal and indicates that the hair has been successfully removed by the root and not broken off at the surface.

For optimal results, it is important to repeat treatments every 4-6 weeks, depending on the treated area and the rate in which the hair grows.

If you have any questions about your treatment and how to achieve the best results from waxing, we will be happy to answer them for you. Please contact our office at **(864) 233-8088** and let us know how we can assist you.

