

Micropigmentation – Post Care Guidelines

Call April at Carolina Aesthetics for any questions or concerns at 864-233-8088.

PROCEDURE	SWELLING	MOISTURE	AVOID UNTIL HEALED	COMMENTS
Eyebrows	Slight with transient redness	<p>Wash with antimicrobial soap and water. Keep area <i>lightly</i> moist using a Q-Tip with sterile Vaseline (not overly greasy) 2 to 3 times a day (morning, night & in-between) for 7-10 days. If slight crust appears on pigmented surface, <u>do not force removal by picking, scratching or washing!</u> (You will remove pigment along with the crusting). <i>Brows are not considered healed until all crusting has exfoliated.</i></p> <p>Do not use topical antibiotics!</p>	<ul style="list-style-type: none"> - Makeup on pigmented area until healed. - Retin A & Glycolic Acids on pigmented areas while healing. - <i>Touching with fingers.</i> - Sun, tanning beds & self-tanners on pigmented areas. - Chlorine pools, Jacuzzis or saunas. - Hot, steamy, long showers. Shower with back to water to avoid water, shampoo & conditioner getting onto pigmented areas. A thin coat of Vaseline over pigment is a good idea before showering. - Dirt, as in gardening, for the first 3-4 days to prevent possible infection. 	<p>Don't be alarmed by fading after first application. The final color cannot be judged until at least 2 weeks after the touch up application is completed. <u>This is why a follow up is required.</u></p> <p>Don't be alarmed if color comes <i>off</i> onto the Q-tip when applying topical. This is normal.</p> <p>For Long Term Care: Use a sunscreen daily.</p>
Eyeliner	<p>Moderate. An ice pack should be applied for the first day – 10 minutes on and 10 minutes off. Following procedure, area may be puffy for the first few mornings. Therefore, starting on the second day, apply an ice bag on the eyes in the morning. Sleeping propped up & on your back will reduce swelling. Avoid food high in sodium for a few days as this can increase puffiness around the eyes. The wider the liner, the more swelling is to be expected. Tails may cause redness on outer corner of eyes.</p>	<p>Wash eyes the first morning following procedure with antimicrobial soap and water. Rinse well and pat very lightly, dry. Re-apply sterile Vaseline with Q-Tip. Keep the eyeliner only slightly moist using a Q-Tip with sterile Vaseline given to you, 2-3 times a day for 5-7 days. Nothing other than sterile Vaseline or Lacri-Lube should be used.</p> <p>Do not use topical antibiotics!</p>	<ul style="list-style-type: none"> - Contact lenses day of procedure. <u>Please bring your glasses.</u> - Chlorine pools, Jacuzzis or saunas. - Hot, steamy, long showers. Shower with back to water to avoid water, shampoo & conditioner getting onto pigmented areas. A thin coat of Vaseline over pigment is a good idea before showering. - All aloe & vitamin E products. - Too much Vaseline. <i>If you can see it, you have too much on.</i> Simply apply the thinnest coat with Q-Tip and avoid getting it into your eye as this can invite infection. Only re-apply when the area feels tight. 	<p>Don't be alarmed by fading after first application. The final color cannot be judged until at least 2 weeks after the touch up application is completed. <u>This is why a follow up is required.</u></p> <p>Don't be alarmed if color comes <i>off</i> onto the Q-tip when applying topical. This is normal.</p> <p>WARNING! Your eyelid may have a slight pink or redness above the eyeliner, immediately following the procedure. If you see signs of bloodshot eyes or puss i the corners of your eye(s), this may be a bacterial infection that requires a physician. Please call April and let her know or seek medical attention.</p>
Lip Liner	<p>Moderate. An ice pack should be applied for the first few hours – 10 minutes on and 10 minutes off. Be sure to apply Vaseline and then a tissue to prevent condensation from the ice pack touching the lips.</p>	<p>Follow Eyebrow instructions for a 2 week period. Lips will tend to be very dry Keep them moist using a Q-Tip & sterile Vaseline for 14 days. Some peeling may occur. <u>Do not peel off !</u></p> <p>Lips have a tendency to fade up to 60% and color can hide for 6 week period before resurfacing. Very moist lipstick or lip gloss may be worn over a coat of Vaseline after 3 days. <i>Lips will always require a sunblock due to photo sensitivity and risk of color fade.</i></p>	<ul style="list-style-type: none"> - Teeth bleaching for minimum of 3 weeks. - Direct sun, self tanners and tanning beds on pigmented area forever.. - For 2 weeks, try not to wipe your lips with a napkin while eating. - Spicy food. - Chlorine pools, Jacuzzis or saunas. 	<p>If you have a history of cold sores, canker sores and/ or fever blisters on the lips, chin or nose, you will require a prescription of 24 capsules of 500mg Valtrex from your physician (12 for the initial procedure and 12 for the touch up). These may be taken 2 times a day, two days before tattoo and four days after, or as otherwise prescribed.</p> <p>Drink through a straw – even hot coffee o tea.</p>
Long Term Care for All Procedures	<ul style="list-style-type: none"> - Use a good sunscreen daily. The lips require protection as pigment can become photosensitive. Carolina Aesthetics offers zinc oxide for the face and Lip SPF of 30 or greater. - If you donate blood, it is a Red Cross policy that you must wait one year after any tattooing procedure, unless otherwise directed. - If you are planning a chemical peel, MRI or other medical procedure, please tell them that you have an iron oxide cosmetic tattoo. - If you are planning to have laser hair removal on your upper lip or a photo facial with an IPL, you must tell your laser specialist that you have Permanent Makeup so that this area can be avoided by the laser. Both ablative and non-ablative lasers may cause the pigment to turn black. 			