



## Team Member News

Thursday, June 13, 2019

Affiliate versions of *Team Member News* are sent to team members at each affiliate every Thursday at 11 a.m.

---

### News and information

---

#### **Download the SmartBen NOW app to access your benefits on the go**

Make life easier. Download the SmartBen NOW app to keep track of your benefits from anywhere.

- [Store digital ID cards](#) so you never find yourself without them again.
- Access deductibles and out-of-pocket balances.
- Find health care providers easily.
- Find spending and savings account balances and contributions.
- Receive important notifications about your benefits.

Click here for [details on how to download the app and log in](#).

#### **Find deals Dad will love with Prisma Health Perks**

As Father's Day approaches, don't forget about Prisma Health Perks, our Team Member Discount Advantage Program. The program features hundreds of available discounts at restaurants, attractions, services and recreational venues.

- View a list of participating vendors at [PrismaHealthPerks.com](#).
- Download the [mobile app](#) to access discounts from a smartphone or tablet.
- Simply present your identification badge to any participating business in order to gain the discounts offered.
- You also may access Prisma Health Perks from the [SmartBen NOW app](#), your app for accessing your benefits on the go!

To explore all of your team member benefits, visit [BenefitsForMyWorld.com](#).



### **Greer Toastmasters**

GMH Toastmasters is looking for 20 people who would like to start a sponsored Toastmasters Club on the Prisma Health Greer Medical Campus. Toastmasters is a great way for anyone to develop their leadership, public speaking and communication skills in a fun and supportive environment. Interested? Please contact Linda Huckaby at [Linda.Huckaby@PrismaHealth.org](mailto:Linda.Huckaby@PrismaHealth.org).

### **One opportunity left to volunteer at YMCA Camp Greenville**

[YMCA Camp Greenville](#) is in need of one Prisma Health nurse to volunteer their time and expertise July 27–Aug. 3. As a volunteer, if you have a child that would like to attend Camp Greenville for a week, they will be able to do so for free.

Volunteers work in the GHS Health Center, attending to the medical needs of campers. The center is designed to meet camper health needs complete with modern exam rooms, a safe medications dispensing area and isolation areas. It also provides comfortable living space for nurses and physicians who oversee medical care during the summer camp season.

Email [ycgcampnurse@charter.net](mailto:ycgcampnurse@charter.net) to apply.

### **Security tip from Information Technology Services**

Click here to [read about two new tax scams](#).

### **Team members receive membership to Healthcare Financial Management Association**

Prisma Health is now a member organization of the Healthcare Financial Management Association (HFMA). As a result, all team members receive complimentary membership to the association. [Learn how to activate your membership here](#).

### **Walk to End Alzheimer's**

Are you looking to join a team for the Walk to End Alzheimer's (Saturday, Oct. 5)? Look no further! The Center for Success in Aging has a team ready to welcome you. Join the team by going to [alz.org/walk](http://alz.org/walk) and searching for "Tangle Busters." Email [Diana.Jahries@PrismaHealth.org](mailto:Diana.Jahries@PrismaHealth.org) for more information.

---

## Events

---

### **Food trucks at Prisma Health Greenville Memorial Medical Campus**

*Friday, June 14*

Click here for [Friday's food truck menus](#). The trucks will be parked in the short term, on street parking adjacent to Prisma Health Roger C. Peace Rehabilitation Hospital from 11 a.m.–2:30 p.m.

### **Atlanta Braves vs. Philadelphia Phillies**

*Saturday, June 15*

Join the Rec. Committee for a trip to see the Atlanta Braves take on the Philadelphia Phillies on Saturday, June 15. Tickets are \$20 per person and include round-trip transportation. [Click here to purchase tickets](#).

### **Town Hall meetings**

*Now–June 18*

Town Hall meetings are underway. Team members are encouraged to attend any meeting; however, it is important that you work with your manager to ensure your work unit has sufficient coverage during the meeting. [View and print the complete schedule here](#).

### **Keep Moving for Life: dine and discuss event**

*Tuesday, June 18*

Join Brian Redmond, MD, with Blue Ridge Orthopaedics, from 5–6:30 p.m. at Prisma Health Oconee Memorial Hospital to discuss shoulder and knee osteoarthritis. Learn how osteoarthritis develops and the best treatment options. Click [here](#) to learn more. [Register online](#) or by calling 864-455-9393.

### **GMH Toastmasters**

*Wednesday, June 19*

GMH Toastmasters Club will meet Wednesday, June 19 from noon–1 p.m. at Prisma Health Downtown, 300 E. McBee Ave, Conference Room 23. All Prisma Health–Upstate team members are welcome to work on leadership, public speaking and communication skills in a fun and supportive environment! [Click here to learn more](#).



### **Exercise nutrition basics**

*Wednesday, June 26*

Knowing what to eat before and after exercise can be hard, especially with conflicting information available online. Join Business Health Registered Dietitian Annie Anderson as she discusses the most efficient ways to fuel your body for your specific exercise goals. 5:30–6:30 p.m. at Prisma Health Patewood Medical Campus, 255 building, Conference Room A/B. Registration (free) is required by emailing [Annie.Anderson@PrismaHealth.org](mailto:Annie.Anderson@PrismaHealth.org).

### **Grocery store tour**

*Thursday, June 27*

Registered dietitian Annie Anderson will lead a tour highlighting how to choose healthy options while answering your questions. 5–6:30 p.m. at the McAlister Square Publix (235 S. Pleasantburg Dr., Greenville). Email [BH.Nutrition@PrismaHealth.org](mailto:BH.Nutrition@PrismaHealth.org) to enroll.

### **LGBTQ Health Talk**

*Friday, June 28*

To promote a culture of diversity, equity and inclusion through continual learning, bring your own lunch and join the LGBT Alliance in recognition of Pride Month for an informal talk on understanding LGBT health and disparities in health care.

Noon–1 p.m. at Prisma Health Greenville Memorial Hospital in Conference Center Room 2 (CC2). [Click here to register](#). Click here [learn more about LGBT patient care](#).

### **Adaptive sports**

*Now–June 29*

Click here for a list of [upcoming adaptive sports opportunities](#) with Prisma Health Roger C. Peace Rehabilitation Hospital.

### **Red, White & Blue Shoes 5K**

*Thursday, July 4*

Registration is open for our fifth Corporate Shield race of the season, Red, White & Blue Shoes 5K, taking place on Thursday, July 4 at Furman University (Greenville, SC). [Learn more and register here](#).

As a reminder, Prisma Health will reimburse entry fees for Greenville Corporate Shield races. To receive reimbursement, complete the form [here](#). Questions on the reimbursement process? Contact Samantha Bookbinder at [sbookbinder@ccihealth.org](mailto:sbookbinder@ccihealth.org) or 864-522-3136.

**Volunteers needed for Read Rattle & Roll developmental screening events**

*Now–July 12*

Help Me Grow South Carolina, a system housed in Prisma Health’s Bradshaw Institute for Community Child Health & Advocacy, is in need of volunteers for a series of Read Rattle & Roll developmental screening events taking place May 14–July 12. Click [here](#) for details.

**Upcoming events at the Life Center**

*Now–July 26*

Click here for a list of [upcoming events at the Life Center](#). Highlights include:

- Self-defense techniques class
- Prepping Your Skin for summer

**Diabetes Prevention Program**

*Begins July 31*

Are you at risk for type 2 diabetes? If so, you may be a candidate for the [Diabetes Prevention Program](#) for Prisma Health team members and dependents over the age of 18! The next team member cohort begins on Wednesday, July 31. Classes will be held at Prisma Health Patewood Hospital from 5:30–6:30 p.m. Email [DPP@PrismaHealth.org](mailto:DPP@PrismaHealth.org) or call 864-522-1440 for questions and enrollment.

---

**How to submit information**

---

Email [CCommunications@PrismaHealth.org](mailto:CCommunications@PrismaHealth.org) by noon on Tuesday to run on Thursday.

All Upstate flyers that need quick turnaround or are not customized must be created using the flyer engine. Physician practices must use [GHS-branded flyers](#) until July 1. All other locations may use the new [Prisma Health flyer engine](#) (sign in required on first use). If you have questions, contact [Jeanine Halva-Neubauer](#) or [Sherard Moultrie](#).

Repeating news items in consecutive editions may be limited. Events may be limited to no more than 30 days out to be included. Have comments or questions? Email [CCommunications@PrismaHealth.org](mailto:CCommunications@PrismaHealth.org).