



## Toastmasters can help you

- ▶ Become a better speaker and presenter
- ▶ Develop your leadership skills
- ▶ Communicate with confidence
- ▶ Listen effectively

Learn these skills and more in a supportive, self-paced, fun atmosphere!

[www.toastmasters.org](http://www.toastmasters.org)

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### GMH Toastmasters

Alternate Wednesdays, Noon -1 p.m.  
Roger C. Peace Ground Floor Conference  
SunTrust Downtown, 300 E. McBee Ave, Conference Room 23

#### Upcoming meetings:

Weds, Sep 25, 12-1 p.m. RCP Ground Floor/Basement conference room  
Weds, Oct 9, 12-1 p.m. Downtown, 2<sup>nd</sup> floor conference room

#### About GMH Toastmasters

- GMH Toastmasters Club chartered in March 2012. We are a corporate club; all of our members are employees of Greenville Health System. We have approximately 20 members and are a very diverse club.
- Members work at their own pace to improve their leadership skills, communication, and public speaking.
- The GMH club has earned the Distinguished Club Award (2014), the Select Distinguished Club Award (2015, 2017), and the President's Distinguished Club Award (2016).
- To respect each other's time and to practice conducting purposeful meetings, we follow a structured agenda and keep our meetings to one hour.
- GMH Toastmasters Club members participate in Toastmaster Area and District events, giving members an opportunity to further develop their public speaking skills as well as meet other Toastmasters from across the Upstate and South Carolina.

#### Learn More:

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