

PRISMA

HEALTHSM

June 25, 2019

Dear GHS Physicians and Advanced Practice Providers,

The Diabetes Self-Management Education and Support Program (DSMES) of Prisma Health-Upstate has a team of Certified Diabetes Educators ready to assist your population maintain or improve diabetes self-care. The department services all ages and types of diabetes and we are proud to say that participants of our program lowered A1C nearly 1% and improved diabetes self-management skills. Each diabetes education encounter is documented in Epic.

Some of the services we offer:

- Individual or group DSMP sessions
- Medical Nutrition Therapy (MNT)
- Insulin education
 - Initiation and titration assistance
 - Basal/bolus education
 - Advanced insulin education (carbohydrate ratio, insulin sensitivity)
 - Insulin pump and continuous glucose monitoring systems education
 - Concentrated insulin education
- Support Group, Life Center (monthly); Fountain Inn and Oconee (bi-monthly); Baptist Easley (monthly, excluding summer), Insulin pump support group (quarterly, Life Center); Caregiver 101 (monthly)

We have locations across the Upstate:

- Life Center – Monday through Friday; evening and Saturday appointments
- Patewood - Monday through Friday; 8:00-5:00
- Oconee – Monday through Friday; 8:00-4:30
- Laurens – Tuesday and Thursday; 8:30-5:00
- Baptist Easley – Tuesday, Wednesday and Thursday; 8:00-6:00
- OBGYN Center – Tuesday and Thursday; 8:00-5:00
- Hillcrest – Monday 10-5:30
- Greer and IMC – one day weekly, beginning this fall!
- Insurance coverage has improved:
 - Prisma Health:
 - **Choice and Premier EPO plans:** 100% coverage, deductible waived for MNT (up to 6 visits annually) and DSME
 - **Consumer HDHP, Premier Consumer and Out of Area plans:** 100% coverage after deductible met for MNT (up to 6 visits annually) and DSME.
 - BCBS State – 100% coverage DSMP
 - Medicare and Medicaid– DSMP and MNT, coverage varies
 - All insurance welcomed; benefits verified prior to appointment
- Electronic referrals are available in Epic:
 - REF20 - AMB REFERRAL TO DIABETIC EDUCATION
 - REF200 - AMB REFERRAL TO DIETITIAN, MEDICAL NUTRITION THERAPY
 - Department - GMH DIABETES SELF MGMT, please include diagnosis code

Thank you and if there are any questions, please contact Michelle Stancil, RN, CDE, Manager, michelle.stancil2@prismahealth.org, 864-455-8722 or 864-379-4908, Dr. John S. Bruch, Adult Endocrinology, john.bruch@prismahealth.org, Dr. Megan Schellinger, Maternal Fetal Medicine, megan.schellinger@prismahealth.org, and Dr. Elaine Apperson, Pediatric Endocrinology, elaine.apperson@prismahealth.org

With appreciation, The Diabetes Education Team